

Well3

PERMATA SURI

A precious botanic syrup for women



WOMAN'S HEALTH



Maintaining a balance and harmonized life is a great challenge for women. Throughout their life cycle, women also encounter additional biological stresses unlike their male counterpart.

- Irregular menstrual cycle
- Painful or difficult menstruation
- Cramping, water retention and irritability for those with painful periods
- Stress during confinement
- Virginal irritation and infections
- Menopausal symptoms
- Flatulence problem

DO YOU SUFFER FROM MENSTRUAL PAIN?



Primary Dysmenorrhoea

Often occurs in adolescent girls, 6 to 12 months after puberty when ovulation cycle has started

Absent of abnormality in the pelvis and womb

Lasts for 12-24 hours, sometimes between 2-3 days.

Secondary Dysmenorrhoea

Usually occurs among advanced and reproductive age women

Caused by abnormality in the pelvis and womb

Prolonged pain, starting before menses and getting worse.

DO YOU HAVE VAGINAL DISCHARGE?

**Affects nearly
75% of married
woman**

Factors	Physiological discharge	Pathological discharge
Appearance	Clear and watery discharge	Thick & sticky discharge
Colour	White or cream colour	Yellow, grey or green
Smell	Odourless	Foul odour
Amount	Light	Chunky
Frequency	During ovulation or before period	Vaginal infection
Other symptoms	Not itchy	Itchy, redness and inflammation to vagina
Treatment	Not required	Immediate treatment required

HOW ARE YOU AFFECTED?

CONTRIBUTING FACTORS

CLEANLINESS

**HORMONE
IMBALANCE**

LIFESTYLE

**HEALTH
CONDITION**

HEALTH COMPLICATIONS

Infertility

**Ectopic
pregnancy**

**Long-term
infection**

**Cervical
cancer**

WHAT IS WELL3 PERMATA SURI?

Well3 Permata Suri is an upgraded special herbal drink formulation that combines 11 chinese and traditional herbs and 2 potent revitalizing ingredients (date juice concentrate & honey) to assist women in maintaining their health and achieving life's balance.



PRODUCT UNIQUENESS



Protect woman's health



Improve total wellbeing



Improve fertility



Muscle toning



DATES (*Phoenix dactylifera* L.)

Dates are a flowering plant species in the palm family, *Arecaceae*, cultivated for its edible sweet fruit.

- Contains potassium, glycine and threonine that initiates lactose production during breastfeeding
- Aphrodisiac or sexual desire stimulant
- Increase immune system



HONEY

Honey, a sweet and viscous food substance produced by bees and other insects that provides for a great source of instant energy and contains a variety of nutrients.

- Provide energy to enhance vitality
- Shorter recovery time from tiredness
- Heals various problems such as listlessness, lack of energy & minor infections
- Preserve and promote better skin condition



AKAR SERAPAT (*Parameria polyneura*)

Akar Serapat is a herb that is popularly used in Southeast Asia for postpartum care.



- Speed up the healing of the womb and birth canal
- Firm up breasts and abdominal muscles
- Strengthens and tones pelvic muscles, preventing prolapse of uterus



HALBAN (*Vitex pubescens*)



Halban also known as Vitex, is a Malaysian therapeutic plant employed in traditional drug to remedy a variety of disorders.

- Induces the production of luteinizing hormone (LH) which indirectly increases progesterone production
- Regulate menstrual cycle



KACIP FATIMAH (*Labisia pumila*)



Kacip Fatimah is a small, woody and leafy plant that can be found widely in tropical forests. Used traditionally as medicine in the Malay community for women's health.

- Traditionally taken to treat dysentery, rheumatism and ailments associated with childbirth
- Anti-dysmenorrhoea
- Phytoestrogens in this ingredient helps with the firming and toning of abdominal muscles



BLACK CUMIN (*Nigella sativa*)



Black Cumin or Jintan Hitam is a strawberry-scented seed with pepper and nutmeg taste. It is popularly used to flavour food like curries and vegetables in India.

- Reduce flatulence
- Induce sweating
- Stimulate milk flow and immune system
- Improve blood circulatory



WITCHWEED (*Striga asiatica*)



Native to Asia and sub-Saharan Africa, **Witchweed** or Jarum Emas is a hemiparasitic plant in the broomrape family with anti-inflammatory properties.

- Useful in reducing swelling and inflammation of breasts, uterus and vagina after childbirth
- Promotes digestion and nutrient absorption
- Helps body to expel toxins, improving skin condition



PIPER BETLE (*Piper betel linn*)



Piper Betle is a tropical shade-loving perennial evergreen vine originating in South and South East Asia.

- A stimulant antiseptic used traditionally as gargle and feminine hygiene wash to kill germs
- Aromatic and provides a refreshing and soothing effect



GOTU KOLA (*Centella asiatica*)

Gotu Kola is a herbaceous perennial plant in the flowering plant family Apiaceae and is often used as culinary vegetable or medicinal herb.

- Helps to combat stress, improve reflexes & increase mental and physical strength
- Protect body against toxins
- Promote healthy vagina



TURMERIC (*Curcuma domestica*)

Found in Indian subcontinent and Southeast Asia, **turmeric** is a rhizomatous herbaceous perennial flowering plant of the ginger family.



- Antioxidant
- Anti-inflammatory action; maintains a healthy vagina



OAK GALL (*Quercus infectoria*)



Oak galls that have been traditionally used as medicine in Asia are roundish and resembles a small ball.

- Enriched with tannin and tannic acid that helps strengthen vaginal muscles
- Reduces excess vaginal discharge
- Antioxidant and antiseptic
- Rich in proteins, fat, carbohydrate, roughage, calcium, iron, vitamin A, E & B



RADIX ANGELICIA (*Radix Angelica sinensis*)

Radix angelica is a herb from the family *Apiaceae*, indigenous to China.



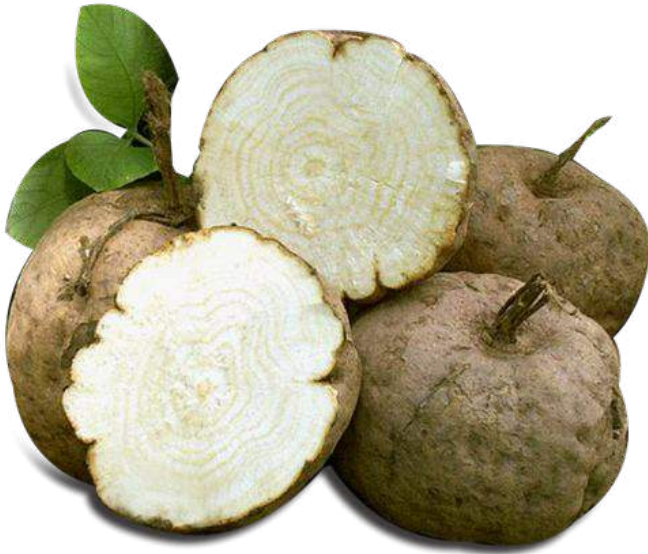
- To replenish and invigorate blood
- Activate blood circulation, countering anemia, dizziness and palpitation
- Functions for various menstrual disorders, constipation and rheumatic arthralgia (joint pains)



PUERARIAE (*Radix puerariae*)

Puerariae is a species of plants native to Asia.

- Dispels pathogenic factors from muscles, relieving fevers, headache, dizziness & stiffness
- Promotes the production of body fluid and reduce thirst



RECOMMENDED INTAKE



Take 2 tablespoon (15ml) with 1 glass of water, twice daily before meals. Keep refrigerated after opening.



THANK YOU

